

HIDDEN HILLS FARMS



*Growing only the finest
for your family and our community*

2009 Farm Membership Agreement

The farm pledges to:

1. Farm for nutrition not production.
2. Strive to consistently produce the highest quality foods.
3. Produce those foods using organic and sustainable methods. No chemical fertilizers or pesticides. No rBGH or growth hormones, steroids or antibiotics.
4. Graze their ruminants (cows and sheep) on pasture year round. The animals will be allowed comfortable housing during inclement weather. These animals will never receive any grain, only grasses and hay.
5. Graze all the other livestock (poultry and pigs) on pasture with appropriate housing for weather and protection. These animals will never been fed any commercial feed or any corn or soy.
6. Provide all the animals with open space, ample food, fresh air and clean water.
7. Use farming practices that maintain or enhance the beneficial bacteria, natural enzymes and essential fatty acids of its foods.
8. Work with its members to provide the local foods they want for their families.
9. Never stop learning how to improve our farming methods.
10. Stay abreast of government laws that affect all aspects of freedom, small farming and the right to choose your own foods.
11. Be the best farmers we can be!

The member pledges to:

1. Understand and agree that as part of your membership with HHF you are receiving raw foods, raw milk and raw products from the farm.
2. Understand and agree that we are all exposed to risks daily in everyday life as well as risks in growing, raising, selling, sharing, cooking, and eating raw foods yet you as a member still want to get food as close to its natural form as possible.
3. Be educated regarding the alleged hazards of raw foods, raw milk and raw products and volunteers that your family does not have any medical condition that would render it unsafe to ingest the foods provided by HHF. Member also agrees that you are well informed about the effects of consuming raw milk and-
 - a. That throughout history various people have consumed raw milk products from dairy animals
 - b. That raw milk contains many important beneficial enzymes
 - c. That raw milk contains amino acids
 - d. That raw milk contains nutritious butterfat
 - e. That raw milk contains saturated and unsaturated fatty acids
 - f. That in raw milk, carbohydrates are ready for use in metabolism
 - g. That in raw milk, fat-soluble and water-soluble vitamins are more available and in higher quantities than pasteurized milk.
 - h. That in raw milk, beneficial acid-forming bacteria retards growth of pathogenic bacteria
 - i. That raw milk usually keeps for 10 days to two weeks if kept cold (36 degrees) and that after this point it does not become bad for you; it just begins to sour and transform into its next life stage, clabber.

4. Immediately notify HHF in any event that your family should develop any medical condition that would render it unsafe to ingest or use the above mentioned food.
5. Understand and agree that the farmers at HHF are providing food to the member and your family for your own consumption. The member agrees to not under any circumstances resell those foods once you leave the farm.
6. Understands that the Federal and State government can enact laws that could affect members access to farm foods and member agrees to stay informed of these issues and is willing to receive emails from HHF, MoICFA (Missouri Independent Consumers and Farmers Association) and FTCLDF (Farm to Consumer Legal Defense Fund) to help keep you informed.
7. If the member knows that you are not going to be available for a week due to being out of town, etc.
 - a. Contact the farm to schedule for someone else to pick up your foods while you are gone.
 - b. Donate your food for the week to someone else. The farm will keep a list of people (food banks, churches, or locals in need) if you don't know who to contact.
8. If the member forgets their pickup or cannot make it-
 - a. Contact the farm ASAP and let us know when you can make it or make arrangements for someone else to pick it up.
 - b. If the member forgets to pick up on their scheduled day and does not contact the farm to make other arrangements-
 - c. The first time the food will be held for 24 hours and a reminder call will be made to the member. If it is not picked up in that time the food will no longer be available to the member.
 - d. The second time the food will be held and no reminder call will be made to the member. If it is not picked up in that time the food will no longer be available to the member.
 - e. The third time the food will NOT be held. The member will miss their food for the week.
9. Understand that all glass packaging (jars, jugs, etc) is property of HHF and is critical in the flow of products on the farm. The members are expected to clean and return all glass jars and jugs every week. The farm will keep track of all bottles that are loaned out and if you haven't returned all your bottles you might not be able to receive any more bottled products until all jars/jugs are returned.
10. Understand that HHF is providing a service unlike any available in the Midwest. This service involves coordinating foods for all of its members and families. There will be, without a doubt, a certain amount of confusion and mix-up while getting into a routine of picking up product from the farm. HHF asks for a great amount of communication and patience as we roll out this program.
11. Embrace and protect the foods and the farmers at Hidden Hills Farms!

Private Farm Member

Private Farm Member

Farmer

Date